## LEARN TO SKI CROSS COUNTRY!





## *Registration open NOW thru December 14*<sup>th</sup>

Children at least age 7 by 1/1/2017 can register at:

## http://easternmassnordic.org/

*EMBK* is a parent-run cross country ski club meeting from December to March. *NO EXPERIENCE NECESSARY!* EMBK is for children ages 7 to 13 -- absolute beginners to experienced competitive skiers. *NO CUTS, NO TRY-OUTS!* Cross country skiing is one of the best physical activities, summer or winter. It's great fun, great exercise, and the whole family can do it. The club meets at the Weston / Leo J. Martin Ski Track

where they make snow all winter!

Information Session: November 20th, 3:30 to 7:30 Lincoln-Sudbury High School PIZZA!

Cross country skiing is an affordable winter recreation. Expenses for the whole winter can cost less than one family weekend of downhill skiing. Scholarships are available, too!

Two minutes from the Mass Pike in Weston, the DCR Leo J. Martin Ski Track is a public facility offering rentals, lessons, and night skiing on natural and artificial snow. When the rest of New England has no snow, Weston does! Ski all season right here in Eastern Mass!





Questions? Email them to: embkskiclub@gmail.com



