



Fostering and encouraging the athletic teams of Wayland High School and Wayland Middle School in all phases of interscholastic competition

Fall Season Newsletter January 2020

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Even with home field under construction and the EEE threat, Wayland High School Athletes, Coaches & Staff continue to succeed on and off the field!



From Athletic Director
Heath Rollins

Thank you everyone for your flexibility during our fall season. The building project drastically affected our practice and game schedules, but you would not know it by the resilience and success on the road of our fall teams. The building project will be wrapping up soon and we are very excited to get our spring teams out on the new facilities.



BOOSTER AWARDS GIVEN FOR OUTSTANDING PERFORMANCES

Below is a list of student athletes individually recognized for their achievements during the Fall 2019 season

The Hal Barnett Unsung Hero Award is awarded to a varsity team member who shows what hard work and dedication can mean in improving the overall quality and well being of the team. The criteria for this award are hard work, willingness to do what is needed for the best interest of the team, and good attendance at practices and games. The recipient should be a player not otherwise recognized.

The Buzz Bowers Sportsmanship Award is presented to a varsity player whose behavior is characterized by fair play, who shows generosity and general concern for others, who demonstrates sportsmanship in a loss and is a gracious winner.

The Jim Griffin Booster Award is given to a varsity athlete who has shown outstanding merit in the areas of leadership, sportsmanship, team spirit and athletic ability. These qualities should be present both on and off the field.

SPORT	HAL BARNETT	JIM GRIFFIN	BUZZ BOWERS
Field Hockey	Kay Tilley	Arden Knapp & Fatma Sayeh	Manasa Rajeev
Cheerleading	Michayla Mathis	Elissa Perez	Allyson Christian
Golf	Brian Grasso	Jimmy Paugh	Jay Provost
Volleyball	Qian Long	Ava Tang	Isabella VanRooyen
Boys XC	Owen Jay	Kyle Chen	Dravin Nagalingam
Girls XC	Mary Shine	McKenna Kelemanik	
Football	Brett Morris	Cam Jones	Jack Brown
Boys Soccer	Jonny Goldin	Kyle Mabe	Joshua Snyder
Girls Soccer	Molly O'Driscoll	Ciara Murphy	Abi MacDonald
Boys Crew	Nikolai Ilyin	Nicholas Johnson	Artur Poole
Girls Crew	Rohini Ramesh	Makayla George	Jaya Mills

DCL ALL STARS

Volleyball	Ava Tang, Mira Ireland DCL Small MVP Ava Tang
Girls Soccer	First Team Sophia Goldstein, Ciara Murphy, Kayla Poulsen, Ellie Tyska, Samantha Tyska Second Team Tali Wong, Abby Gavin
Boys Soccer	First Team Kyle Mabe, Ben Chen, Jackson Dresens Second Team Zachary Campana, Jonny Goldin
Cheer	Erin Locke, Zoe Sodickson, Madeline Greene
Golf	Liam Gill, Joe Tardiff
Cross Country	McKenna Kelemanik
Field Hockey	Arden Knapp, Fatma Sayeh, Ethan Betancourt
Football	Cameron Jones, Jaison Tucker, Brett Morris, Marcos Pereira, Nick Dresens, Dante Parseghian DCL Small MVP Mason Bolivar DCL Small Lineman of the Year Philip Koechling
Other Awards	<ul style="list-style-type: none"> Boys Varsity Soccer Coach David Gavron was named 2019 Massachusetts Small School Coach of the Year from United Soccer Coaches Boys Soccer Captain Kyle Mabe was named Eastern Mass All Star

From the Coaches

FIELD HOCKEY Coach Shelly Fraser

The field hockey team had a very successful season this year. Captains Arden Knapp and Fatma Sayeh lead the team back into postseason play. Their leadership, determination, and drive to make this a special team was evident in their success in convincing 3 senior boys to join the team. They worked with them for half a year to get them ready for tryouts in Aug. With the addition of the Betancourts and "Superman" Aiden, the team had the makings for a successful season. 9 seniors, 7 juniors and 2 sophomores made up the team. They completed the season in second place behind Concord-Carlisle in the DCL small after finishing in 5th place the past 3 seasons. Aiden was the leading goal scorer/assist for the entire DCL league. He finished the season with 21 goals and 10 assists, scoring more than half our goals for the season, 40 goals. The end of season record was 10-5-3 securing a home tournament game. (the team's first opportunity to wear the white uniforms) they wore them proudly and with Zeke scoring the go-ahead goal against Wakefield the team claimed their first tournament win in a while. The unfortunate thing was the next opponent was seed number 1, Watertown. But with the mantra of "to be the best you have to beat the best!" the team worked hard, showed up and played their hearts out forcing an overtime game. Unfortunately, the team succumbed to the persistence of Watertown and



lost 1-0. Thus ending the dream of lifting the cup at the end. The focus on the season was on "family and together" and this was how the team played both on and off the field. The success of the team can only be attributed to the hard work and commitment that each of the 18 members put in day in and day out. On this hard work and commitment to making it a great season, I wish to thank each and every one of you for all you did to add to the team.

CREW Coach Mike Baker

We had a very interesting season. With EEE getting us off the water early every day and then losing two weeks of water time because of Blue-Green Algae bloom, we still pushed through and had a good season. Both crews raced at the Head Of The Charles and both advance for next year. We showed great grit at our State Championship... We didn't come home with the Over-All Points trophy, but we still came home with quite a few top-three finishes.



GIRLS Coach Guy Enoch

Led by captains Carly Camphausen, Ciara Murphy, and Kayla Poulsen, the girls soccer team had a tremendous season! We won the DCL Small title for the second season in a row with a regular season record of

9-4-3. In the state tournament, as the #11 seed, we beat #6 seed O'Bryant 3-0, #3 seed Austin Prep 3-1, and #18 seed Pentucket 3-0 to advance to the North Sectional Finals. Unfortunately we lost in the North finals 2-0 to #1 seed Stoneham.



CROSS COUNTRY



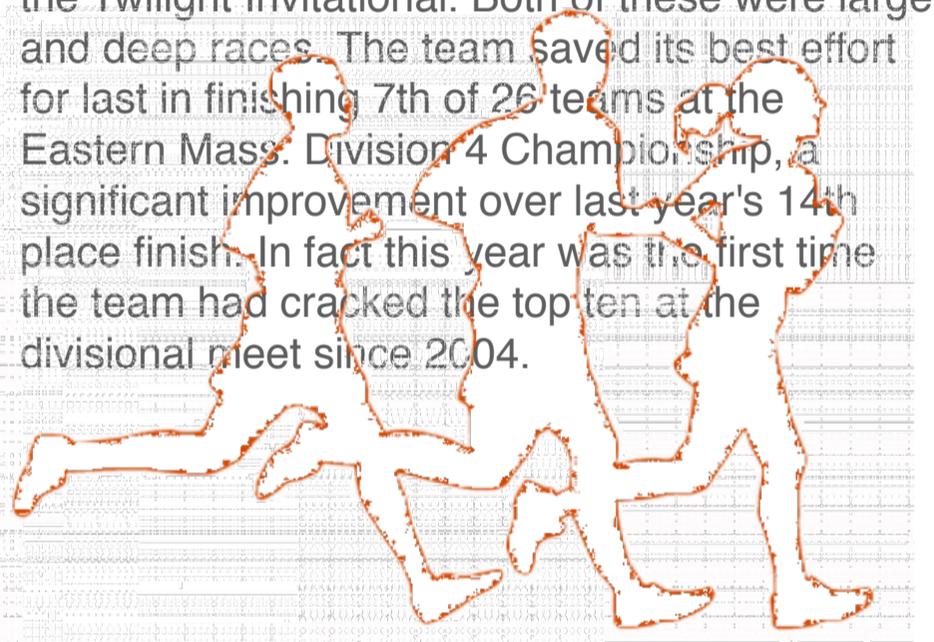
Coach Mark Mayall

GIRLS

The 2019 girls cross country team was a tight knit group that returned many members of last year's team (7 of 8 possible returners joined this year). There were many instances of improvement, both from last year to this year for returning athletes and within the season itself for everyone. From a team perspective, highlights included the decisive dual meet victory over Waltham, held on their course on a day with less than ideal weather. The team as a whole was deeper and stronger than a year ago, with a smaller time gap between the top runner and the fifth and final scoring runner in meets. On an individual level, McKenna Kelemanik proved she is among the best in a very deep DCL by leading the team through-out the season, winning three of the six dual meets the team contested, and placing in the top 20 at the DCL Championship. She was named DCL All Star for the third year in a row. A core group of 10th graders led by Sofia Menyalkin and June Kim raced well together throughout the season, with Sofia performing particularly well on the Wrentham Developmental Center course where the team competed in large invitationals and the Eastern Mass. Divisional Championship.

BOYS

This year's boys team made a quantum leap forward from what they accomplished in the recent past, as well as in terms of the relative standing of the program as a whole. For many of the team members the season started as early as Memorial Day weekend with summer running on their own or in small groups; the level of preparation far exceeded anything seen since the current coaching staff came on board in 2014. The team distinguished itself by beating Weston, always one of the better small schools in Eastern Mass, in a closely contested dual meet, and easily handling Waltham and Bedford in dual meet competition. The team shined in big meet environments, competing well in the Championship race at the Frank Kelley Invitational and the small school varsity race at the Twilight Invitational. Both of these were large and deep races. The team saved its best effort for last in finishing 7th of 26 teams at the Eastern Mass. Division 4 Championship, a significant improvement over last year's 14th place finish. In fact this year was the first time the team had cracked the top ten at the divisional meet since 2004.



GOLF Coach Ben Buffa

The WHS Warriors had a great 2019 season! We set a personal scoring record as a team (113 points in our away match against Waltham) and had multiple players crack the 20 point threshold in official matches for the first time - a serious accomplishment in our league's modified stableford scoring format. We clinched a spot in the postseason and while the team didn't advance to the finals, our #1 player, Liam Gill, did and finished runner-up in the individual DII state tournament!

It's always bittersweet when the season comes to an end, but I couldn't be more proud of the way the team played this year!



CHEER

Coach Kristen Saia

The fall cheer team had a great season! Rain or shine these girls showed up to every game with smiles on their faces. Outside of the games, they worked extremely hard to prepare for competition season. We placed first in Division 3 at our DCL competition, advancing us to the Regional Competition in North Andover. I am so proud of all that they accomplished.



GO WARRIORS!



BOYS Coach David Gavron

The 2019 varsity boys soccer team was faced with the task of reloading after 15 seniors graduated from the 2018 state champion team. The boys showed tremendous growth over the season. Notable games include defeating Bedford at the Kicks for Cancer game. That would be Bedford's only loss in the regular season. Another highlight was the first round game in the North tournament at Pentucket. Wayland survived with a 2-1 win. Senior Kyle Mabe, who committed to play D1 soccer at Bryant University, became the program's third leading single season goal scorer netting 19 goals this year. He is behind the program leader Andy Gonski '95 with 23 goals. Jimmy Girolamo '02 who netted 22 goals, capped off his senior season with the game winning goal for Wayland's first state title in 2001.

Team Captains 2019: Josh Brient '20, Alex Kashian '20, and Kyle Mabe '20

2020: Zachary Campana '21, Ben Chen '22, Ryan Najemy '21

Team Record Varsity 7-8-5



VOLLEYBALL Coach Lisa Tsaor

Led by DCL Small MVP, Ava Tang, the volleyball team finished the season with a 7-12 record and their second consecutive appearance in the MIAA Division II North Tournament. The team fell to DCL rival Bedford in the Preliminary Round of the tournament. The team Captains were Sr. Ava Tang, Sr. Izzy VanRooyen and Jr. Mira Ireland. In addition to Ava's MVP award, both Ava and Mira were named DCL All-Star. The team is looking forward to continuing to build on the success of the last two seasons in 2020.

FOOTBALL



Coach Scott Parseghian

Wayland Football had a great year finishing 8-2 and making it to the sectional semifinals, losing a close game to Revere. One of the biggest highlights of the season was beating rival Lincoln-Sudbury 45-8 who would later go on to play in the Division 2 superbowl. The other highlights of the season were winning two games in the playoffs, one against Wakefield and the other against Marblehead. The Wayland football team would like to congratulate the 18 seniors



that have helped Wayland become one of the top teams in the state and look forward to reloading for the 2020 season with a great group of underclassmen leading the way.

Congratulations again to all our teams and student athletes! Thank you to all the coaches and the Athletic Department for their help with this newsletter.



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Check out these links for other Wayland Boosters information:

<https://www.facebook.com/Wayland-Boosters-Association-970846559599512/>

<https://waylandboosters.org>